School Review (Forum and Online Survey)

MPPS will participate in a Peer School Review this semester; this is part of the four year cycle that all schools must comply with to develop a new Strategic Plan. From this four year strategic plan, we develop an Annual Implementation Plan which sets out the goals for the year to drive improvement of the teaching and learning across the school. Copies of these current documents are available on our website: http://www.mpp.vic.edu.au/school-council/documents-2/.

Victorian schools will use the new School Performance Framework to improve their performance by engaging their peers in a cycle of performance feedback that includes self-evaluation, review, planning, reporting and sharing exemplary practice across the system. Below is the link to the documents that underpin this new process: http://www.education.vic.gov.au/school/principals/management/Pages/schoolperformance.aspx

Parents and school stake holders are invited to give feedback next week at one of two forums (details below) or alternatively they can contribute through an online survey which will be provided to parents next week (after the forums). Students will provide feedback on their learning, what helps it and how the teacher assists learning. Staff will also participate in working through student and school data on our curriculum day on September 9th. This feedback along with student and school data will help shape conversations for the review and consequently our new four year Strategic Plan. The review day with leadership, DEECD Principals and other invited key stakeholders will be on Friday October 31st.

School Review Forum

When: Tuesday 2nd September 9am or Tuesday 2nd September 6.30pm

Participants must return the tear off section below and return it to the office by Monday 1st September.

Where: in Library

Focus groups will be collecting information about the following:

Why are you here at MPPS rather than somewhere else?

As we move into the future, what are the things that are important to keep?

Leave behind?

What do you want for your children in the future – at this school?

Please note: if you cannot attend you can still participate through our online survey, which will be available next week.

School Review Forum

I will attend the session on Tuesday 2nd September in the Library at:

☐ 9 am

☐ 6 pm

Name: ...........................................................

Student Name: ..............................................

Class: ..........................................................

Please return to the office by Monday 1st September.
Measles Outbreak
Late last week there were five confirmed cases of measles at a local school in our network. The DEECD and Health Department have confirmed there is no risk to neighbouring schools or students. However they are enacting processes to ensure that anyone who attends many schools in the network like computer technicians and School Support Staff (Psychologists, social workers, speech therapists) will not be working this week until they are declared immune.

Included in this week’s newsletter are details around measles and how to access support. It can also be found on the parent download section of the school website. Please ensure you let the office know immediately if your child is diagnosed with measles by your doctor.

Moonee Valley Race Course Development
There was an announcement in Saturday’s Herald Sun that Planning Minister Matthew Guy has approved the rezoning of the race course site to a comprehensive Development Zone. School Council and Leadership will be investigating what implications this has for our school community and will feedback information through the newsletter when it is received.

Book & Science Week activities
Last week the students and teachers participated in a range of activities to celebrate Book and Science week. More events are happening this week for Literacy and Numeracy week as well. We will have a full account of events in the next edition of the Newsletter.

MVIMP Camp/ Concert
Last week 15 MPPS year 5/6 students attended MVIMP camp with the three other schools at Lady Northcote YMCA near Bacchus Marsh. They attended along with their tutors and Rebecca for four days of intensive rehearsing which concluded with a concert for parents and the school principals on the Thursday evening.

It was a fantastic display of talent by all students. The highlight of the night was seeing the whole group performing together at the end. Thank you to Rebecca for organising our group and also for attending the camp.

Just a reminder our school soiree for all MPPS MVIMP students will be held in the SPC on Wednesday September 10th.

Feedback
The facilities survey will conclude on Friday. Please access the site below to get your voice heard.

MPP Facilities Feedback Survey
Please complete the following online survey:

https://www.surveymonkey.com/s/mppfacilities
Sun Smart - hats required from Sept 1st

Students will need to be wearing hats outside during recess and lunch from Monday September 1st. Please ensure you put your child’s name on it in case it is misplaced. Hats are still available from Top School Wear if you need a new one.

Father’s night out - Friday 5th September

This is the final newsletter reminder for Father’s night out… come along to this great night out for fathers at the New World Distillery. There are still some places available. Please see the flyer for details; I hope to see many of you there.

Working Bee & Facilities update

Our term three working bee was held last Sunday week on the 17th of August. A massive thank you to Ally Kane and Kevin Manion for coordinating on the day.

As always we achieved a lot! I would like to thank the following families for their attendance: Musgrave, Golden, Vitale, Siega, Cutler, Threlfall, Reitz, Blakely, Lovatt, Heywood, Howlett, Ravel, Byrne, Manion and Marshman. The winner of the $50 Bunnings voucher was Juergen Reitz.

Just an update on the final figure the trivia night raised: $3068. This money will be used on the garage project near the bike shed. Thanks again to everyone that contributed.

SEAL Students

There are still spaces left for the accredited Select Entry Accelerated Learning (SEAL) Year 7 class in 2015. If your child has good Year 5 NAPLAN scores and is performing at or above the AusVels this may be an opportunity for them.

The college is also interested in speaking with you if your child missed out on a SEAL place in another secondary, but you believe that it is in their best interest to be in an accredited SEAL program.

Call the office on 9372 1622 to make an appointment with the Assistant Principal, Megan Rawlins.

Tours

Tours are conducted every Wednesday at 9.00 am and booking can be made through the website: www.mountalexandercollege.videdu.au or by calling the office on 9372 16232.

Mount Alexander College prides itself on providing students with the opportunity to shine. It is a nurturing learning environment for students of all abilities.

If your child has missed out on their preference for secondary school, or you are still unsure of the choice made, consider Mount Alexander College as a viable option.

General Office

Welcome to Jess Kennedy who will be working with us in the office in the next few months. Jess is volunteering her time as part of her training to work in school finance and admin. She will be at school on Tuesdays and Thursdays, so please make her welcome if she answers the phone or as she attends to your requests in the office.

Matt Bott
FETE VOLUNTEER REPLY SLIP
All families are asked to do at least 1 shift

Please complete and return to the office ASAP

Childs Name: ___________________________ Grade: ______
Parent’s name/s: ___________________________
Contact no’s: (H) _______________________ (M) _______________________
Email: ___________________________________________
Personal Skills: ___________________________________________

Availability in order of preference – please number

☐ 8:30am - 11:00am (includes Set up)
☐ 11:00am - 1:00pm
☐ 1:00pm - 3:00pm
☐ 3:00pm - 5:00pm (includes pack down)

Areas we require volunteer assistance include:

☐ Setting up (from 8am) ☐ Nail Salon
☐ Dismantling (from 4pm) ☐ Plant Stall
☐ BBQ Service ☐ Craft Stall
☐ Spanakopita ☐ Hole in One
☐ Poffertjes (Dutch pancakes) ☐ Handball
☐ Falafels ☐ Lucky Dip & Show Bags
☐ Nachos ☐ Fishing Game
☐ Bar ☐ Pirate Pit
☐ Homemade lemonade ☐ Anywhere / Anytime
☐ Drinks ☐ Chocolate Throw
☐ Snow Cones ☐ Books Stall
☐ Fairy Floss ☐ Toys Stall
☐ Cakes Stall ☐ Face Painting
☐ Preserves Stall ☐ Entertainment or MC
☐ Devonshire tea ☐ Ride ticket sales & information
☐ Blind Wine ☐ Prepping food on Saturday
☐ Face Painting ☐ Help pick up borrowed equip on Friday
☐ Silent Auction ☐ Help return borrowed equip on Monday

Please advise if also available to help do some Set Up on the day before (Saturday 25th): YES / NO (Please Circle)

Any questions please contact Cristy who is coordinating the volunteers
cristy_beard@hotmail.com
Moonee Ponds Primary School

Spring Fete 2014

Sunday 26th October
10am to 4pm

87 Wilson Street, Moonee Ponds
OPPOSITE MOONEE VALLEY RACECOURSE

www.mpp.vic.edu.au
Less than 60 days until our biennial Spring Fete! And lots to do........

- **Sign up sheets** are now up outside the Prep area and all shifts need to be filled. You can pop your name on the boards or fill in the volunteer sheet attached in newsletter and return to the office and we will update the boards. Please note stall shifts need to be filled by parents, not children as we are handling hot food and large sums of money on the day. It’s more fun for them to enjoy the Fete activities.

- **Toys and books** still collecting. Please bring them to the Fete room opposite the office (please no bric a brac or 2nd hand clothes etc, we don’t do these stalls).

- **Wine** – we are still very low on wine for the blind wind stall. Every family is asked to donate at least one bottle of wine to be sold at the stall. Please leave at the office. Red, white or sparkling.

- **Plants** – extra pots are in the Fete room for those green fingered parents who can strike some seedling etc.
Crafters- we are desperate for more craft items for this stall. Please ask crafty friends or family to help out.

Raffle tickets- are going home this week. We have got some fantastic prizes on offer and have kept the ticket prices to the cheapest we can $2 each!! All families are asked to sell a booklet between now and the due date back

Wristband order forms will be going home in the next few weeks. We are again keeping our prices low- $25 each for early bird sales and 6 amazing rides to enjoy over and over on the day. This is the same price as our original Fete in 2010!! And we have been able to do this so long as all children purchase a wristband. We strongly believe in having a great day and not charging the earth for rides and food etc.

For all the latest Spring Fete news and downloads visit our Spring Fete blog:

http://mppsspringfete.global2.vic.edu.au/
Fathers of the school & friends
Join your mates for a night out & enjoy the activities
- Whisky distillery tour and sampling
- Gambling, Roulette & Black Jack
- Prizes & trophy for the luckiest player
- Live Football (first semi-final)
- BBQ marinated Ribs and salads
- Whisky, Beer, Wine & Soft Drink at bar prices

Friday 5 September 2014.
6.30pm till late

New World Whisky Distillery
181 Larkin Street, Essendon Fields VIC 3041
Price: $40 (per head)
to book tickets online go to:
http://www.trybooking.com/95177

Contact details: Kevin Manion 0409 230 920.
Jason Blakely 0437 603 080. David Vitale 0438 407 945

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Spring Fundraiser Event
Brighten up your wardrobe at
Lavish Collections
530 Mt Alexander Rd, Ascot Vale
Friday Sept 19th
6.30 pm - 9.30 pm
Fashion & Accessories
10% of the sales donated to the school
$10 entry / raffle
Champagne & Finger Food
Door Prizes

Please RSVP: Sandy 0438 215 615 (catering purposes)
The Spring Fete is coming…

And we are looking for cash sponsorship from businesses and families.

Moonee Ponds Primary School Parent’s Association are raising funds to improve the oval facilities, including a new cricket pitch. These improvements will support our students within school hours and also provide the wider community to use our facilities after school hours.

The funds raised in the Library Fund will be used towards interactive whiteboards for eLearning which will support the students in our school across all areas of the curriculum.

Any families wishing to make a cash contribution to the fete can do so via the MPPS Library Fund or the MPPS Building Fund which are both tax deductible. Similarly, if you know a business that might be willing to make a cash donation please let us know. If you would like further information, please email Annie Spilar at mppssponsor@gmail.com

Congratulations Preps on your first 100 Days of School!

You are all 100 days brighter!!!
OVERDUE LIBRARY BOOKS

We wish to draw your attention to the increasing number of books that remain overdue and in some cases, lost.

The students are allowed borrowing of a number of books (depending on year level) for two weeks and then are to be returned for other students to enjoy. If the books are not completed, they can then be re-borrowed for another two weeks.

At present we have over 100+ books long overdue and would therefore like these books returned ASAP.

Also please advise if the books have been lost or misplaced. We will then endeavour to find these books within the school. If not found replacement costs will be charged, as the cost of replacing these books is enormous.

Thanking you,
Kim and Vicki
Library

Below is an updated list of those students who have completed the Premiers’ Reading Challenge. Congratulations!

Prep A
Tom Hirst

Prep B
Audrey Cartwright
Thanishq Parachuri

Prep C
Erika Digney
Liv Talko

1/2A
Emma Cunliffe
Aiden Power
Spencer Plunkett

1/2B
Grace Howlett

1/2C
Toby Griggs

1/2D
Charlie Di Florio
Heidi Golden
Alexia Kyriacou

3/4A
Chiara Aldridge
Martin Jovanovski

5/6A
Thomas Russell

5/6B
Fidelya Ceylan
Alyssa Romanovski
Afran Tahsin

5/6C
Julian Oro
Walking School Bus News

The Walking School Bus™ provides a fun and free opportunity for regular exercise and also a chance to practice safe road and pedestrian skills. Even if you don’t live on a walking school bus route you could start your own. Or you could drive or walk to the starting point or another location along the route and join in from there. Contact clare.walker@live.com if you would like to find out where you can join the route.

CURRENT MPPS WALKING SCHOOL BUS ROUTES

MONDAYS & WEDNESDAYS AM
START: Meet at the corner of Victoria St & Daly St, Brunswick West at 8.30am.
Travel down Victoria St and Wilson St to reach school.

FRIDAYS AM
START: Meet outside 75 McPherson Street, Moonee Ponds at 8.35am.
Travel down McPherson to Bent and then along Bent Street to school.

TUESDAYS, WEDNESDAYS & FRIDAYS AM
START: Meet corner of Dean Street & Stuart Street, Moonee Ponds at 8.25am.
Travel along McPherson Street, Thomas Street and Wilson Street to reach school.

NEW Tuesday route starting on 19th August!!

JOIN IN!! To participate in the WSB program all children/parents must have filled out a ‘parent consent form’ and a ‘child behavior agreement form’ which are available on the counter at the school office or on the MVCC website http://www.mvcc.vic.gov.au/for-residents/parking-and-transport/walking-school-bus.aspx.

VOLUNTEER!! The success of the program relies on the assistance of volunteers, so if you have a free hour one morning or afternoon a week to walk with a group of children to or from school we would like to hear from you!! More volunteers mean more buses. Training sessions can be organized individually or in groups. It is very informal, young kids can attend and all volunteers are provided with a ‘working with children check’.

NEXT VOLUNTEER TRAINING SESSION
WEDNESDAY 8 OCTOBER 2014
1.30PM – MVCC CIVIC CENTRE
QUEENS PARK VIEW ROOM

Throughout the year WSB information will be available in the newsletter and on school noticeboards.

Clare, the WSB Coordinator can be contacted anytime you have a query.

CLARE WALKER
(Mum to Aaliyah in Grade 2 & Amira in Prep)
0403341702 or clare.walker@live.com
Silent Auction & Fete Donation

The silent auction team has started contacting businesses and we have already secured some amazing prizes for the event. The following businesses have generously supported our school with goods or services.

### Platinum Donation

<table>
<thead>
<tr>
<th>Business Name</th>
<th>Contact Number</th>
<th>Website</th>
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### Gold Donation

<table>
<thead>
<tr>
<th>Business Name</th>
<th>Contact Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Smallprint</td>
<td>0408 576 117</td>
<td><a href="http://www.smallprint.com">www.smallprint.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="mailto:Sally.siega@smallprint.com">Sally.siega@smallprint.com</a></td>
</tr>
</tbody>
</table>

### Bronze Donation

<table>
<thead>
<tr>
<th>Business Name</th>
<th>Contact Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Essendon Keilor Gymnastics Academy</td>
<td>9336 4077</td>
<td><a href="http://www.ekga.gymnastics.org.au">www.ekga.gymnastics.org.au</a></td>
</tr>
<tr>
<td>Mamabake</td>
<td></td>
<td><a href="http://mamabake.com">http://mamabake.com</a></td>
</tr>
<tr>
<td>The Frame Shop</td>
<td>9650 9650</td>
<td>144 Puckle Street, Moonee Ponds</td>
</tr>
</tbody>
</table>

If you know someone or are happy to approach your favourite business please contact us for a request letter.

We can be contacted at [mppssponsor@gmail.com](mailto:mppssponsor@gmail.com) or see Kirstin Cheney, Annie Spilar, Cristy Coulson, Heidi Griggs or Vicki Romanosvki.
Raffle Tickets

Dear Parents / Caregivers

In only 8 weeks’ time, Sunday 26th October, our Spring Fete will be upon us. For this day we have an exciting and fantastic Raffle to be drawn on the day at 3:30pm.

This week, each family will be sent home one book of Raffle Tickets to sell. Each book consists of 25 tickets. The tickets are only $2.00 each, which will make them very easy to sell! The total value of the raffle book is $50.00. The Raffle Tickets will go home with the eldest child of each family.

The prizes are sensational:

1st prize: 2 Nights’ Accommodation at your choice of Art Series Hotel’s – The Olsen, The Cullen or The Blackman in a Deluxe Suite. Includes Daily Breakfast for 2 people and car parking. Valued at $1100

2nd prize: PS4 Bundle - Includes PS4 Console, remote control and 3 x PS4 Games including FIFA 14. Valued at $730

3rd prize: iPod 5 Touch, 16GB Valued at $250

Ticket stubs and money are due back no later than Friday 17th October 2014

*Need to be in it to win it, so don’t forget to get them in

Please return the ticket stubs and money in the envelope provided so we are able to cross you off against our records as paid and/or returned.

Feel free to grab additional books from the office to sell over the school holidays.

If you have any queries, please contact Heidi Griggs ph: 0407 528 477
## PARENTS ASSOCIATION DATES FOR 2014

### TERM 3 & 4

**14th July - 19th September**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>Prep cake stall</td>
<td>Wednesday 30th July - completed</td>
</tr>
<tr>
<td>Disco</td>
<td>Friday 1st of August - completed</td>
</tr>
<tr>
<td>Trivia night</td>
<td>Friday 8th of August - completed</td>
</tr>
<tr>
<td>1/2 Trading table</td>
<td>Wednesday 27th August</td>
</tr>
<tr>
<td>Fathers Day stall</td>
<td>Friday September 5th</td>
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<tr>
<td>Dads whisky night</td>
<td>Friday September 5th</td>
</tr>
<tr>
<td>Shopping night</td>
<td>Friday 19th September</td>
</tr>
<tr>
<td>Pie day</td>
<td>Friday September 19th</td>
</tr>
<tr>
<td>(Footy dress up day)</td>
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**6th October - 19th December**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>Icy Poles</td>
<td>Wed &amp; Fridays</td>
</tr>
<tr>
<td>Fete</td>
<td>Sunday 26th of October</td>
</tr>
<tr>
<td>End of Year Celebration</td>
<td>December 11th</td>
</tr>
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</table>

### FRUITS & VEGETABLES STILL REQUIRED

If anyone has access to and is willing to donate fruit or vegetables suitable for jams, preserves or relishes could they please contact me. If you would be prepared to make some of your own that would be even better, I can supply the jars. All batches require a fill list of ingredients, and I will be doing all labelling. (these are for the school fete)

We are seeking donations of Lemons and / or sugar (2kg bags) to help start the making of our preserves and relishes for the school fete later on this year. If you can help out please contact Andrea on the number below.

**Andrea Tye**
0417 493 236
Measles

Measles is a contagious viral illness that causes a skin rash and fever. Serious and sometimes fatal complications include pneumonia and encephalitis (brain inflammation). Measles is also known as rubella, not to be confused with rubella (German measles). Worldwide, measles is the fifth highest cause of illness and death in children.

Measles is rare in Australia because of the widespread use of the measles vaccine. It is important to continue immunising children in Australia, because there is a risk that the infection can be brought in by people arriving or returning from overseas.

Symptoms of measles

The signs and symptoms of measles may include:

- fever
- general discomfort, illness or lack of wellbeing (malaise)
- runny nose
- dry cough
- sore and red eyes (conjunctivitis)
- red and bluish spots inside the mouth (Koplik’s spots)
- red and blotchy skin rash that appears first on the face and hairline, and then spreads to the body.

Complications of measles

Possible complications of measles include:

- otitis media – inflammation of the middle ear
- diarrhoea and vomiting – may cause further complications such as dehydration
- respiratory infections – such as bronchitis, croup or laryngitis
- pneumonia – a type of lung inflammation that causes about 60 per cent of measles deaths
- pregnancy problems – if a pregnant woman contracts measles, she risks miscarriage or premature labour
- encephalitis – or brain inflammation, affects about one person with measles in every 1000. About 10 to 15 per cent of people with encephalitis die and 15 to 40 per cent of survivors have permanent brain damage to varying degrees
- subacute sclerosing panencephalitis (SSPE) – occurs in about one in every 100,000 cases of measles. SSPE is an extremely rare progressive inflammation of the brain that causes loss of personality and intellectual problems. SSPE usually begins about seven years after the measles infection.

Causes of measles

Measles is most commonly spread when someone swallows or inhales the cough or sneeze droplets from an infected person. The measles viruses are carried inside mucus or saliva droplets and remain alive for several hours. Infection can also occur if someone touches contaminated surfaces or objects and then touches their own mouth or nose or eats before washing their hands. Symptoms usually occur about 10 to 12 days after infection.

Measles is very contagious. Estimates suggest that a person with measles will infect about nine in every 10 people they have contact with who have not been immunised or previously infected with measles.
High-risk groups

Measles is rare in Australia because of the immunisation program, but cases still occur. Anyone who hasn’t been immunised, particularly children and healthcare workers, are at high risk of infection.

People who are at increased risk of potentially fatal measles complications include:

- anyone with a chronic illness
- children younger than five years
- adults.

Diagnosis of measles

Tests used to diagnose measles may include:

- medical history, including immunisation status and travel history
- physical examination
- blood test.

Treatment for measles

A case of measles without complications usually lasts about 14 days and most people make a full recovery. Antibiotics don’t work because the illness is viral. Treatment aims to ease symptoms and reduce the risk of complications. Options may include:

- bed rest
- plenty of fluids
- paracetamol to reduce pain and fever
- isolation to reduce the risk of transmission.

Occasionally, measles develops into a serious disease that requires urgent treatment and can even be life threatening. Sometimes, people can die from complications even if they receive prompt medical attention.

Treatment depends on the complication but may include:

- hospitalisation
- supportive care – for example, to maintain hydration, and to check for fever and infection
- antibiotics – to treat bacterial infection.

Contact with someone with measles

If you’ve been in contact with someone with measles and you are not immune to measles (have not been immunised or have not had a measles infection), there are different treatment options. Speak with your doctor about your options.

Depending on your situation, these may include:

- Contact in the last 72 hours – have a measles immunisation immediately.
- Contact in the last three to seven days – immunoglobulin can be given for interim protection. This is known as passive immunisation. Measles vaccination, or active immunisation, should be given later to prevent further risk of infection, but not until three months after you received the immunoglobulin. Normal human immunoglobulin is given as an injection.

Immunisation against measles

Immunisation is the best protection against measles. A person who receives the recommended two doses of a measles vaccine has 99 per cent immunity against measles infection. If you have been infected with measles, you will usually have lifelong immunity.
There are two types of measles vaccine. In the first type, the vaccine is a combined measles, mumps and rubella (German measles) vaccine and is commonly known as the MMR vaccine. In the second type (available from July 2013), the vaccine is a combined measles, mumps, rubella and varicella (chickenpox) vaccine and is commonly known as the MMRV vaccine.

Protection against measles is available under the National Immunisation Program Schedule. In Victoria, immunisation against measles is free of charge for:

- Children at 12 months – the first dose of measles vaccine is given as the MMR combination vaccine.
- Children at 18 months of age – the second dose of measles vaccine is given as the MMRV combination vaccine.
- Children at four years of age – the second dose of measles vaccine can also be given as the MMR vaccine, if the child was not given the second dose (in MMRV) at 18 months of age.
- Children up to and including nine years – catch-up immunisations are available for children who have not been fully immunised.
- Women planning pregnancy or after the birth of their child – two doses of MMR are available for women who have low immunity or no immunity to rubella.
- Aboriginal and Torres Strait Islander people, refugees and asylum seekers – catch-up immunisations are available for people who have not been fully vaccinated.

Immunisation is also recommended for adults born during or since 1966, unless you have evidence of having received two doses of MMR. If you have not received the vaccine, ask your doctor about catch-up doses. The MMRV vaccine is not recommended for people aged 14 years and over.

**People who should not be immunised against measles**

Not everyone is a suitable candidate for a measles vaccine. A person with an impaired immune system should not be immunised.

Some of the possible causes of impaired immunity include:

- infection with human immunodeficiency virus (HIV) or the presence of acquired immunodeficiency syndrome (AIDS) from an HIV infection
- taking certain medications, such as high-dose corticosteroids
- receiving immunosuppressive treatment including chemotherapy and radiotherapy
- having types of cancer, such as Hodgkin’s disease or leukaemia
- having an immune deficiency with extremely low levels of antibodies (hypogammaglobulinaemia, multiple myeloma or chronic lymphocytic leukaemia).

If you have an impaired immune system, speak with your doctor about what options might be available.

**Pregnancy and MMR immunisation**

You should not be given the MMR vaccine if you are already pregnant. Pregnancy should also be avoided for 28 days after the immunisation. The MMRV vaccine is not recommended for people 14 years and over.

**Where to get help**

- Your doctor
- In an emergency, always call triple zero (000)
- Emergency department of your nearest hospital
- Local government immunisation service
- Maternal and Child Health Line (24 hours) Tel. 132 229
- NURSE-ON-CALL Tel. 1300 60 60 24 – for expert health information and advice (24 hours, 7 days)
- Immunisation Program, Department of Health, Victorian Government Tel. 1300 882 008
- National Immunisation Information Line Tel. 1800 671 811
- Pharmacist
- SAFFVIC Tel. 1300 882 924 – the line is attended between 10 am and 3.30 pm and you can leave a message at all other times

www.betterhealth.vic.gov.au
Things to remember

- Measles is a very contagious viral illness that causes a skin rash and fever.
- Measles can cause serious, sometimes fatal, complications including pneumonia and encephalitis. Measles is rare in Australia because of the widespread use of the measles vaccine but vaccination is important because people coming from overseas can carry the virus.

This page has been produced in consultation with, and approved by:

DH - RHP&R - Health Protection - Communicable Disease Prevention and Control Unit

Content on this website is provided for education and information purposes only. Information about a therapy, service, product or treatment does not imply endorsement and is not intended to replace advice from your doctor or other registered health professional. Content has been prepared for Victorian residents and wider Australian audiences, and was accurate at the time of publication. Readers should note that, over time, currency and completeness of the information may change. All users are urged to always seek advice from a registered health care professional for diagnosis and answers to their medical questions.

For the latest updates and more information, visit www.betterhealth.vic.gov.au

### YMCA Children’s Services
#### Moonee Ponds Primary School
#### PROGRAM AT A GLANCE

**Week: August 25th – 29th 2014**

<table>
<thead>
<tr>
<th>Day</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td>Staff: BSC</td>
<td>Georgia, Auri</td>
<td>Andrew Lois</td>
<td>Andrew Elaine</td>
<td>Andrew Penny</td>
<td>Andrew Chris</td>
</tr>
<tr>
<td>Breakfast</td>
<td>Orange Juice, Apple Juice, Milo &amp; Milk, Wholesome Toast, Corn Flakes, West Blo and Rice Bubbles</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BSC: Activities</td>
<td>Drawing Group game: Around the world</td>
<td>Fruit Salad Drawings</td>
<td>Drawings Cheesy Chips</td>
<td>Beard Games Silent Ball</td>
<td>Giant Cards, Memory Sharing</td>
</tr>
<tr>
<td>Staff: ASC</td>
<td>Georgia Penny Chris</td>
<td>Andrew Lois Georgia</td>
<td>Andrew Chris Auri</td>
<td>Andrew Penny Auri</td>
<td>Andrew Chris</td>
</tr>
<tr>
<td>Afternoon Snack</td>
<td>For afternoon tea, a large fruit platter is served with seasonal fruit in addition to the main snack. Afternoon Tea and the Daily Activities may change due to circumstances on any given day. Our program is designed for children of different ages &amp; abilities. Outside play is encouraged when the weather is fine. Children have a choice to participate in indoor or outdoor activities.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tomato Soup</td>
<td>Noodles with vegetables</td>
<td>Corn on the Cob</td>
<td>Afternoon Breakfast</td>
<td>Pancakes</td>
<td></td>
</tr>
<tr>
<td>Activities</td>
<td>Cardboard Bonanza <em>“Painting our car”</em></td>
<td>AASC: Yoga Knitting Club Giant Cards Outside games</td>
<td>AASC: Basketball Sustainability Box tower dodge ball Colouring Outside Playground Tag</td>
<td>Colour, Ice block making</td>
<td>Giant card Relay Snap Outside Play (Weather permitting) Papercraft Stencils</td>
</tr>
<tr>
<td></td>
<td>UNO Reading</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

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### YMCA Children’s Services
#### Outside School Hours Care

**Week: 1st September to 5th 2014**

<table>
<thead>
<tr>
<th>Day</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Staff: BSC</td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BSC: Activities</td>
<td>Construction: Blocks Sharing time</td>
<td>Beard Games Fruit Salad</td>
<td>Giant Cards Soccer</td>
<td>Dress Ups Skier Ball</td>
<td>Sharing time Baker Ball</td>
</tr>
<tr>
<td>Staff: ASC</td>
<td>Georgia Penny Chris</td>
<td>Andrew Lois Georgia</td>
<td>Andrew Chris Auri</td>
<td>Andrew Penny Auri</td>
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<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Vegetables and Noodles</td>
<td>Fruit Salad and Custard</td>
<td>Tomato Soup</td>
<td>Nacho’s with Salsa</td>
<td>Pancakes</td>
<td></td>
</tr>
<tr>
<td>Activities</td>
<td>Cardboard Creations: Painting Enviro-Club Outside e- laps Coloring</td>
<td>AASC: Yoga Knitting Club Cabby House Dressups</td>
<td>AASC: Basketball UNO Reading Stencils</td>
<td>Kids in the Kitchen: Making play dough</td>
<td>&quot;Children Make the rules&quot; Crosswords Outside games</td>
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</tbody>
</table>

Andrew and the YMCA Team
On the 19th of August many of the music students at our school visited Lady Northcote Camp in Bacchus Marsh as well as three others including Moonee Ponds West and Ascot Vale Primary School. Together, the schools worked well and we had a great result on Thursday night at the Concert. All of the students collaborated with the music tutors very well to learn new songs that they had never heard before. All through the week we practiced for the concert with our tutors and as a band. We were given two new pieces at band and by the end of the camp we had already learnt them perfectly. As well as with the tutors and in band, we also had a great time during free time playing our preferred sports or just chatting with our friends. Everyone created new friendships with people from different schools as well as bonding with old mates from school.

At the concert everyone participated and had a great time performing the pieces they had been thoroughly practicing (6hrs per day) throughout the tiring week. We were very tired by the end of the week but after the concert was over we knew that the endless hours of practice we had committed to it was worth it. The tutors at the camp performed a very unique song which was actually two songs into one. Overall everyone enjoyed the camp and we look forward to picking up our instruments again.

By Luca, Dec, Tom and James on behalf of all the MVIMP campers.
Ten common discipline mistakes

Here are 10 common and easily avoided mistakes parents make when disciplining their children. Replace these mistakes with better techniques and you’ll be on your way to parenting easy street.

1. Setting no limits
   Boundaries, rules, expectations and standards teach kids what’s expected. Boys love them. They also like to push against them, so you need a firm backbone.

2. Deferring discipline
   Deferring discipline to a child care centre, preschool or school. This is taking the easy way out and teaches kids that you don’t have real authority. Have the confidence to be the authority and take a lead.

3. Failing to follow through.
   Talk! Threaten! Nag! No way! See No. 1 above.

4. Making consequences too harsh
   “You’re grounded for a month, Mr 6-year-old” is a tad harsh and will usually bring resentment, not to mention confusion. Stick to the 3 Rs – respectful, reasonable and related to the behaviour – when setting consequences and you can’t go too far wrong.

5. Applying consequences when you, or they, are angry
   When anger is in the air kids will become mad at you… if they listen at all. Calmness makes a huge difference to effectiveness at the point of discipline.

6. One parent is always the bad guy
   This gets wearing. Also it’s hard to have fun when you are the tough cop all the time. If you are in a two-parent situation take discipline in turns. If you are parenting solo, bring parents into the act.

7. Flexing discipline with counselling
   Never mix the two as it sends mixed messages. If a child misbehaves manage that situation. If you suspect something negative is going on in their life, then deal with that at a separate time.

8. Keep the two actions separate so they can both be effective.

9. Repeating yourself
   If you do this, you are training your kids to become ‘parent deaf’. Kids learn more from respectful actions than your repeated words, so speak once – twice at most – then DO something.

10. Shouting to be heard
    You will get better results by going below the noise baseline to get their attention rather than raising your voice.

11. Setting limits too late
    If you set a limit a few weeks after new object or situation is introduced (e.g. a kid gets a new mobile phone, a teen starts going out at night), you will be seen to be taking away a freedom. It’s better to set limits first then loosen them up later.

We’re all made mistakes when disciplining kids. Tiredness, emotion and lack of skill can get in the way of effective discipline. But part of the evolution and growth of you as a parent involves eradicating some of your old ways, and replacing them with new, more effective, more sophisticated ways of managing yourself and your kids.

For better, more sophisticated and more effective discipline techniques visit my online parenting manual – the Parenting Ideas Club. There are 1,000s of strategies waiting to be used. Take your FREE trial now at parentingideasclub.com.au


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parentingideas.com.au
<table>
<thead>
<tr>
<th>CLASS</th>
<th>ROCC STAR</th>
<th>REASON</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep A</td>
<td>Flynn Nguyen</td>
<td>For settling in well to our school and learning and demonstrating</td>
</tr>
<tr>
<td>Prep B</td>
<td>Audrey Cartwright</td>
<td>For always showing RESPECT by listening to instructions.</td>
</tr>
<tr>
<td>Prep C</td>
<td>Lukas Klaric-Hennessy</td>
<td>For demonstrating care for all that he undertakes, and approaching</td>
</tr>
<tr>
<td></td>
<td></td>
<td>things with optimism and humour.</td>
</tr>
<tr>
<td>1/2 A</td>
<td>Amelie Stampfli</td>
<td>Soldiering on through adversity and getting on with learning.</td>
</tr>
<tr>
<td>1/2 B</td>
<td>Ethan Haigh</td>
<td>For optimism in taking on maths challenges.</td>
</tr>
<tr>
<td>1/2 C</td>
<td>Kaitlin Humphries</td>
<td>For always showing respect to her teachers and her peers.</td>
</tr>
<tr>
<td>1/2 D</td>
<td>Alexia Kyriacou</td>
<td>For showing leadership in reciprocal teaching.</td>
</tr>
<tr>
<td>3/4 A</td>
<td>Abaan Mohammad</td>
<td>For ensuring his work is always very neat and enthusiastically</td>
</tr>
<tr>
<td>3/4 B</td>
<td>Leyla Ofli</td>
<td>For ‘having a go’ at all tasks eg. Reading to class, presenting a</td>
</tr>
<tr>
<td></td>
<td></td>
<td>written piece of work, managing a group activity.</td>
</tr>
<tr>
<td>3/4 C</td>
<td>Ebony Manion</td>
<td>For the hardworking, attentive and enthusiastic ways you ap-</td>
</tr>
<tr>
<td></td>
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<td>teine.</td>
</tr>
<tr>
<td>5/6 A</td>
<td>Holly Secchi</td>
<td>For being optimistic during all lessons.</td>
</tr>
<tr>
<td>5/6 C</td>
<td>Chloe Moskal</td>
<td>For her enthusiasm and optimism as a Science Monitor and assisting Jess</td>
</tr>
<tr>
<td></td>
<td></td>
<td>with all of the activities.</td>
</tr>
<tr>
<td>Italian</td>
<td>Tom Hirst</td>
<td>For being a fantastic listener and classroom helper. Bravissimo Tom!</td>
</tr>
<tr>
<td>PE</td>
<td>Esther Younge</td>
<td>For her enthusiastic work as a First Aid officer during week 2 of</td>
</tr>
<tr>
<td>Performing</td>
<td>Imran Kanjo</td>
<td>For helping a grade 1 student at lunchtime.</td>
</tr>
<tr>
<td>Arts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lorraine</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ryan</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CLASS</td>
<td>LEARNING STAR</td>
<td>REASON</td>
</tr>
<tr>
<td>---------------</td>
<td>---------------------</td>
<td>------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Prep A</td>
<td>Rebecca Tasneem Ali</td>
<td>For working hard to learn more letters of the alphabet and thinking about the sounds they make.</td>
</tr>
<tr>
<td>Prep B</td>
<td>Nicole Dillan Quach le</td>
<td>For practising how to read smoothly.</td>
</tr>
<tr>
<td>Prep C</td>
<td>Jenny Stephanie Katsikis</td>
<td>For trying really hard to learn her letter sound relationships and using many more sounds in her writing.</td>
</tr>
<tr>
<td>1/2 A</td>
<td>Andrea Jett Johnson</td>
<td>Great work in measurement</td>
</tr>
<tr>
<td>1/2 B</td>
<td>Leigh Kade Wheeler</td>
<td>For making great progress in reading and writing.</td>
</tr>
<tr>
<td>1/2 C</td>
<td>Senada Hamish Cutler</td>
<td>For always striving to do his best work and have a go at all activities.</td>
</tr>
<tr>
<td>1/2 D</td>
<td>David Nikita Bartol</td>
<td>For recording her thinking when problem solving.</td>
</tr>
<tr>
<td>3/4 A</td>
<td>Zoya Jake Wells</td>
<td>For participating enthusiastically during discussions and providing some great answers.</td>
</tr>
<tr>
<td>3/4 B</td>
<td>Jude Nicholas Katsikis</td>
<td>For good focus in mathematics - demonstrating maths thinking and reasoning.</td>
</tr>
<tr>
<td>3/4 C</td>
<td>Antony Judah Mooney</td>
<td>For your extraordinary writing that uses such clever vocabulary and sentence structure to create a mood and atmosphere.</td>
</tr>
<tr>
<td>5/6 A</td>
<td>Jess Madeleine Lively</td>
<td>For working well in learning groups.</td>
</tr>
<tr>
<td>5/6 C</td>
<td>Liz Marley Baldwin</td>
<td>For stepping up in Classmasters and delivering her speeches with enthusiasm and persuasion.</td>
</tr>
<tr>
<td>Italian</td>
<td>Nancy Connor Davis</td>
<td>For applying and remembering the Italian grammatical rules regarding nouns and adjectives. Bravo Connor!</td>
</tr>
<tr>
<td>PE</td>
<td>Ryan Ijaz Gulam</td>
<td>For showing a high level of understanding and skill during lessons and sportsmanship when participating in games.</td>
</tr>
<tr>
<td>Performing Arts</td>
<td>Lorraine Ryan Edward Heywood</td>
<td>For concentrating and diligently working on his art piece every week.</td>
</tr>
</tbody>
</table>
## DATES TO NOTE TERM 3—2014

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| 25 August  
Literacy/Numeracy Week | 26 August  
Literacy/Numeracy Week | 27 August  
Literacy/Numeracy Week | 28 August  
Literacy/Numeracy Week | 29 August  
Literacy/Numeracy Week |
| 1 September  
Primary District Athletics | 2 September  
School Review  
Parent Forum | 3 September  
Year 5/6 Shrine  
Excursion | 4 September | 5 September  
Father’s Day Stall  
Father’s Night Out |
| 8 September  
Curriculum Day  
No students | 9 September  
MVIMP Spring Soiree | 10 September  
MVIMP Spring Soiree | 11 September | 12 September  
Prep Familiarisation  
Yr. 5/6 Met Challenge |
| 15 September | 16 September | 17 September  
Family Science Night | 18 September | 19 September  
Footy Dress Up Day  
Last day of term  
2.20 pm finish |

- **MVIMP Soiree**  
  10th September
- **P-4 Intensive Swimming**  
  7-17th October
- **MVIMP Concert**  
  19th November
- **Yr. 3 / 4 Camp**  
  24-26th November
- **Yr. 5 /6 Camp**  
  24-28th November

### 2014 TERM DATES
- **Term 3:** July 14th - September 19th
- **Term 4:** October 6th - December 19th

### 2015 TERM DATES
- **Term 1:** January 29th - March 27th
- **Term 2:** April 13th - June 26th
- **Term 3:** July 13th - September 18th
- **Term 4:** October 5 - December 18th