



Moonee Ponds Primary School

respect • optimism • care • collaboration

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Moonee Ponds 3039
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www.mpp.vic.edu.au

Out of Hours School Care:

OSH Club : 0448 043 164:

MPPS Program

1300 397 735

Customer Service & Billing

Email: mooneeponds@oshclub.com.au

www.oshclub.com.au

2018 Term Dates:

Term 4: 8th October– 21st December

2019 Term Dates:

Term 1: 31st January-5th April

Term 2: 23rd April-28th June

Dates to Note:

Nov. 29th—Yr. 1 BBQ & Yr. 2 BBQ/
Sleepover

Dec. 6th—End of Year Celebration

Dec. 17th— Year 6 Graduation

Dec. 19th—Whole School Picnic

Parent's Association Meetings

7.30pm in SPC

8th November

13th December

Download our FREE Moonee Ponds Primary
School App now!

or

Register to receive the newsletter via :

<http://www.mpp.vic.edu.au/our-school/newsletters/>

Limited hard copies of newsletter
available at the office and OSH Club

Check out the School app calendar for
all your important dates!

PRINCIPAL REPORT

Congratulations to all the students that performed at the MVIMP concert last week.

The students did an amazing job and we are extremely proud of them. Thank you also to all the families for their ongoing support of the students and the MVIMP program. This cost neutral program is one of the school's most popular and longest running (over 30 years) extra curricula activity.

Today is Italian day! We will be sharing photos of the students' experience in the next edition of the newsletter. The parade was fantastic with students dressing up in Italian themed clothing. Look out for the packs of handmade pasta the students will be bringing home tonight.

The year 5/6 students head out for the annual Public Transport Challenge on Friday 23rd November. Next week the Foundation students will be attending the Collingwood Children's Farm focussing on animals. The Year 1/2 BBQ and Year 2 Sleepover will also be held at school on Thursday 29th November. Due to the large numbers of students in Foundation to Year 2 there will be a separate Foundation Movie Night (in place of these students attending the BBQ). Details of this night will be forwarded to parents very shortly.

Chloe Italia and Bella Brockman will be cutting their hair off to raise money for Cancer research. Please check out the information in the following pages for further information.

Due to the increasing number of events and busyness of this time, the newsletter will now be available weekly (from November 21st) until the end of the year.

Classes for 2019

Our 2019 Prep/Foundation students have now completed their final transition session. We again have strong numbers in this area with 60 students enrolled. They are all eager to begin school, some even attending transition in their new school uniforms. Next year we will have an expected enrolment of 360 students across the school.

In 2019 we will have the following class structure:

Foundation (three classes)

Year One/Two (six classes)

Year Three/Four (four classes)

Year Five/Six (three classes)

PRINCIPAL REPORT (cont.)

Information regarding Home Group structures has also been included in this edition for parents.

We will be continuing with the same specialist classes: Arts (Performing and Visual), Physical Education and Italian.

Home Group Structure at MPPS

Towards the end of every school year, we organise learning environments and class structures for the following school year. The configuration of these depend on a number of factors including anticipated student enrolments, number of classes available, number of students in each class, resources, staff and curriculum. The allocation of students to home groups is based on a balance of gender and students' social, emotional and academic needs. Home groups also reflect teacher recommendations and parent feedback where possible. At Moonee Ponds Primary, we have had multi-age classes as well as single-age classes across the school.

As our Mission states; we want all learning potential maximised and all students empowered to become active, inspired and courageous citizens. To this end, staff develop a knowledge and understanding of each student's development; where they are now in their learning, where they need to go next and how best to support them. We do this through our values of respect, optimism, care and collaboration.

Multi-age or Straight grades?

Learning and growth happens developmentally and not just because of age. In any class, the developmental range can be up to 7 years. **At MPPS when planning, teachers adopt a developmental approach to teaching and learning. They differentiate according to the needs of the students and not according to age.**



Research shows that students do not learn more or less whether in single or multi-age classes. There is no significant academic achievement difference; particularly when learning is targeted to need, not age. There are however benefits of multi-age classes.

Students have the opportunity to act as mentors through modelling routines, appropriate behaviours and acting as expert learners for the other students. They are able to practise the skills they have learnt by teaching them to the students unfamiliar with new content. The beginning of the school year is more settled as students integrate quickly into established class routines. Students build confidence and self-esteem through helping each other in cooperative learning situations.

There are a wider range of people students can seek help from, rather than relying on the teacher to help them all the time. Students are more confident to take risks in their learning. They operate better as part of a group, are more assertive, develop a greater respect for individual differences, become more independent learners and better problem-solvers. They also develop friendships outside of their standard age-groups.

Collaboration between students of different abilities benefits all individuals both academically and socially. Students experience a wider range of roles including greater opportunity for leadership and responsibility. Whether single-age or multi-age classes, a focus on achieving personal best instead of a particular grade creates an authentic learning environment which values learning and the learning process.

PRINCIPAL REPORT (cont.)

Whole School "Move Up" sessions

Students from Foundation to year 5 will participate in four formal "move up" (transition) sessions beginning tomorrow (Thursday 22nd November). These sessions focus on providing general information about the year level above, and literacy & numeracy based information to assist students with the transition. It is important that children practice their coping strategies for working outside their comfort zone with new experiences and environments. This is reflected in 'optimism', one of our key school values. These sessions also support students to feel confident and minimise any anxiety they may feel as they make the transition to their next year level. We encourage you to discuss these sessions with your child/ren in the coming weeks.

In addition, if there are any families who will be leaving the school could you please notify the office as soon as possible to arrange a transfer note.

eConnect (1:1 device program)

Students in Year 3 should have received the note regarding this program. Please see the office if you haven't received it.

The eConnect program is a non-compulsory 1:1 mobile device program for all students currently in years 4, 5 and 6. This program provides the opportunity for our students to enter a new world of curriculum possibilities, enhancing students' engagement and involvement in their learning by having their own mobile device to take to class and home each day. As discussed, all Year 3 students will have received their note inviting them to be a part of this program for 2019. These details can also be found at: <http://www.mpp.vic.edu.au/our-school/community/> (Password: mpps).

Booklists & Parent Payments

These notes (with student names on them) were sent home last week. If you have not received them you can download them from the school website in the parent download section (<http://www.mpp.vic.edu.au/our-school/community/> password: mpps) or contact the school office. We encourage families to complete the booklist order before **December 3rd 2018**. Payments of fees and voluntary levies can be made through the office at any time with a range of payment options. The updated Parent Payment policy can also be found at: <http://www.mpp.vic.edu.au/school-council/school-policies/>. If you are paying via BPAY please ensure that you notify the school via email/phone so the funds can be allocated accordingly.

Supervision before and after school

A reminder to parents that students should not be arriving at school until supervision begins at 8.45am in the morning. If you need to drop your children off at school earlier than this time, they should be attending the Out of School Hours Care program run by the OSH Club. After-school supervision is provided until 3.35pm. At this time, a second bell signals the end of supervision by the school. Any students not collected by their parents by 3:35pm will be directed to wait at the office until their parent arrives. I appreciate your support with adhering to these times. ***For safety reasons, students on school grounds after 3:35pm should be actively supervised by their parents. We encourage play dates to happen locally (e.g. Fanny Reserve or Queens Park) to enable the grounds to be used by students in OSH Club.***

Moonee Valley Racecourse Development

Please see the information over the page regarding the development information update. I will be attending and all parents are welcome to attend.

Matthew Bott
Principal

MOONEE VALLEY PARK 2018 ANNUAL UPDATE



MVRC, Hostplus & Hamton Invite you to attend our Annual Update event and the release of the first annual community survey results.

The Annual Update is an opportunity for all members of the local community and organisations to come and meet the development team, hear about Moonee Valley Park and ask questions.

Date: Wednesday December 5th

Time: 6pm - 7pm

Location: Moonee Valley Racing Club

RSVP: For more info and to ensure we are able to cater appropriately, please ask your members to RSVP to Jules at juliet.israel@bastionengage.com.au

We hope to see you there.



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OSH CLUB NEWS

The OSH Club has a new co-ordinator replacing Jack Northam. We wish Jack well and we welcome Aisling.

Hi my name is Aisling (Pronounced Ash-ling), it's an Irish name meaning Dream, however I am not Irish but English.

I moved to Australia in 2012 to travel and ended up falling in love with the place so decided to stay. I have travelled all over the world and couldn't imagine living anywhere else.

I have worked in the education industry for 13 years gaining so much knowledge along the way, not only from those I have worked with but from the children and families too. I am extremely passionate about helping children and young people learn to the best of their potential in a safe, fun and engaging environment and am excited to continue furthering my knowledge with OSH Club.

I have a huge love for the outdoors and growing fresh herbs and vegetables and enjoy arts, crafts and getting messy in sensory experiences. In my spare time I love to do a bit of photography and if and when I get the chance I love to scuba dive.

I look forward to meeting you and your children and getting to know you all.

Regards

Aisling



HAIR WITH HEART FOUNDATION

Hi everybody,

My name is **Chloe** from 3/4A. A few months ago I made the decision to donate 35.5 cm of my hair to be made into wigs for children who have lost their hair due to a medical condition such as cancer. The Variety Club are going to make my hair into wigs for those children. I am also fundraising for them as they do so much more for children in need.

If you would like to support this great cause, the link is below. The chop is this Friday!

<https://hairwithheart.everydayhero.com/au/chloe-s-haircut-for-kids>

Hi everyone, my name is **Bella Brockman**, I am here to tell you what **Chloe Italia** and I are doing this week. Chloe has decided to cut her hair for the **Hair with Heart Foundation** and that inspired me to do it too. Chloe is doing it on the **23rd of November** and I'm doing it on the **24th**, we are both **cutting 35.5 cm** of our hair. I decided to do it because when I heard Chloe was doing it, it made me feel inspired and knowing how much effort she has gone into, for all of this it made me want to do it too. We're very excited for the big chop. We are both doing this for kids who have lost the hair due to a medical condition. You can visit our websites at the **variety children's charity** here-

Chloe's link- <https://hairwithheart.everydayhero.com/au/chloe-s-haircut-for-kids>

Bella's link- <https://hairwithheart.everydayhero.com/au/bella-s-big-chop#>

BELLA

CHLOE



insights

Developing a resilience mindset

by Michael Grose



If you want your child or young person to be resilient enough to cope with the hardships that come his or her way, and in doing so build strengths for the future, consider fostering your own resilience first. Parents are in the best position to influence their children's resilience. Children watch our reactions to adverse events and view first hand how we look after – or neglect – our own mental health and wellbeing.

Focusing on our own resilience is not as difficult as it may seem. If you adapt a resilience mindset you'll find that resilient behaviour follows. Want to get fitter physically? You could take up a new fitness regime or you could simply adopt a fitness mindset. Adopt the former and there's a reasonable chance that you'll start off gung ho and run out of steam after a month. Adopt the latter and you'll more likely take small, sustainable steps such as walking or riding to work, taking stairs instead of escalators and playing active games rather than sitting on the couch on weekends.

The mindset approach works well with resilience. Take the sustainable approach of looking after your mental health, becoming conscious of the messages you send yourself and developing coping skills that allow you to respond rather than react to adverse events. These simple ideas will help:

Watch your self-talk

The little voice inside your head can have a catastrophic impact when you allow it to. It can talk you into the blues, lower your confidence and build mountainous problems out of molehills. Once you're aware of its impact, you can switch it off or change its negative chatter to something more positive and realistic. It takes practice but it's worth it. When you have a resilience mindset you'll start to check that chatter in your head.

Park the bad stuff

Ever had an argument with a family member at breakfast only to find it messed up your whole day? A common trait with resilient people is that they can compartmentalise their lives so that difficult experiences in one domain won't interfere with their effectiveness elsewhere. When you have a resilience mindset you'll consciously park the negative stuff while you get on with the rest of the day, only revisiting it on your own terms.

Stay flexible in your thinking

People who lack resilience pepper their language with absolute, imperative statements such as 'I must always be on time,' 'They never do anything to help,' or 'They should always use good manners'. This shows inflexible,

unrealistic thinking that leads to stress and anxiousness. When you have a resilience mindset you'll use more moderate language reflecting a flexible approach to life. The above statements become 'I'll always try to be on time but sometimes it's impossible,' 'They are sometimes helpful but they can be forgetful,' and 'I'd like it if they were well-mannered but sometimes they aren't'.

Make sleep a priority

We are only beginning to make solid links between sleep and resilience. Mothers of newborns know how debilitating sleep deprivation can be. They can't function effectively and depression is close at hand. Many people spend much of their lives experiencing some form of sleep deprivation, compensating by taking regular caffeine hits, self-medicating with alcohol and using other ineffective remedies. When you develop a resilience mindset, you make sleep a high priority, taking the necessary lifestyle steps to make sleep easy to attain.

Create a pressure valve

In a society that views busyness as a status symbol, it's tempting to keep working until you drop, neglecting to enjoy some downtime that releases the pressures of work. When you have a resilience mindset you value downtime and relaxation and understand the positive impact these have on your mental health and the wellbeing of people around you.

When you have a resilience mindset you have a greater understanding of what resilience is about and you're in a better position to develop a lasting sense of resilience in your kids. Developing resilience in kids is like jumping off a pier with some friends on a cold winter's day. In both instances you need to go first.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World* and *Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.

We're a Parenting Ideas school

parentingideas.com.au/schools



End Of Year Celebration Night

JOIN US ON THE OVAL

THURSDAY DECEMBER 6TH
5.30PM - 8.30PM

FOOD VANS ONSITE INCLUDE

STONE BAKED PIZZAS
SOUVLAKI
BURGERS
HOT CHIPS
ICE CREAM VAN
COFFEE CART
OR BYO PICNIC

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ROCC & LEARNING STAR AWARDS—15/11/2018



<i>CLASS</i>	<i>ROCC STAR</i>	<i>REASON</i>
Foundation A Melanie	Zac Stearman	For showing great collaboration within the classroom and always helping during pack up time. Well done Zac!
Foundation B Alice	Charlie Houatchanthara	For improved listening on the carpet.
Foundation C Leigh	Luca Belilovsky	For showing great kindness to his classmates.
1/2 A Matt	Darcey Thompson	For working towards her learning goals and effectively collaborating with her classmates.
1/2 B Mae	Liesel Whitehouse	For approaching tasks with optimism and always being willing to try her best.
1/2 C Holly	Aubrey L'E-strange	For showing collaboration and respect by listening to and working
1/2 D Jenny	Andrew Galanopolous	For always being prepared to help other students when asked, and being such a collaborative class member.
1/2 E Jess	Sachin Gopinath	For playing with a range of students in the yard.
1/2F Maegan	Vivaan Rampal	For showing respect to his teachers and peers by listening, helping others and being a positive member of the classroom.
3/4 A Nicole	Chloe Italia	For her generosity and kindness in the classroom and beyond.
3/4 B David	Arabella Kirk	For working patiently with other students and guiding them to her level of understanding.
3/4 C Candice	Liv Talko	For being a strong leader in 3/4C and always demonstrating the school values.
5/6B Caitlyn	Emma Cunliffe	For always being respectful and caring towards her learning and peers.
5/6C Antony	Igor Kar-gopoltsev	For being inclusive and kind.
Performing Arts/Arts Christine	Elsa Macgregor	For always demonstrating an optimistic attitude during our Performing arts class. Well done!

ROCC & LEARNING STAR AWARDS—01/11/2018



<i>CLASS</i>	<i>LEARNING STAR</i>	<i>REASON</i>
Foundation A Melanie	Lulamae Di florio-Pulis	For trying different reading strategies such as chunking and blending when trying to work out a new word. Well done Lulamae!
Foundation B Alice	Christopher Borggreve	Fantastic reading!
Foundation C Leigh	David Taleb	For always using his learning time well!
1/2 A Matt	Alessia di florio	For practising her skip counting goals and modelling her thinking in maths.
1/2 B Mae	Matthias Yu	For completing, some amazing stories by choosing interesting words and thinking about beginning middle and end to entertain the reader. Well done!
1/2 C Holly	Anabel Maclachlan	For doing some fantastic reading out loud in class.
1/2 D Jenny	Phoebe Dodds	For working so hard to learn her skip counting patterns.
1/2 E Jess	Louise Nightingale	For her creative writing and use of sophisticated vocabulary.
1/2F Maegan	Ethan Bourne	For engaging and working hard in our unit on Australian money, Ethan took initiative in "planning" for the year 2 sleepover with a tight budget of \$100. Well done!
3/4 A Nicole	Audrey Cutler	For her excellent reading and use of comprehension strategies.
3/4 B David	Will Griffiths	For his inquiry and investigation into the properties of 3D shapes.
3/4 C Candice	Audrey Cartwright	For using strong, descriptive language during our poetry writing unit.
5/6B Caitlyn	Sophie Aldridge	For her dedication towards all of her learning tasks, particularly during digitech and poetry.
5/6C Antony	Aleyna Khabbaz	For being focused, engaged and hard-working in our space analogy lesson.
Performing Arts/ Arts Christine	Ishwar Malik	For creating a detailed and colourful circle loom weave artwork. Well done!

TERM 4, 2018 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 19 Curriculum Day	November 20	November 21 Italian Day	November 22	November 23 5/6 Public Transport Challenge
November 26	November 27 Collingwood Children's Farm—Prep	November 28 School Council	November 29 Yr. 1 BBQ / Yr. 2 BBQ & Sleepover	November 30
December 3 Yr. 3/4 Legoland Excursion	December 4	December 5	December 6 End of Year Celebration	December 7 8.55am Active Paths/ Walk to School Presentation
December 10	December 11	December 12	December 13 PA Meeting Prep Movie Night	December 14 End of Term Lunch (P.A)
December 17 Reports sent home Year 6 Graduation	December 18	December 19 Whole School Picnic School Council	December 20	December 21 End of Term 1.20pm Finish

Newsletter

The newsletter will be published each week during February and then published fortnightly thereafter. The newsletter is the main source of communication from the school and I urge everyone to read it! It will be sent home in hard copy today for all families but will be published on line as of next week; this will help minimise our paper usage and protect the environment. Families will be able to access it on the school website, school smart phone application or by signing up to have it emailed to your inbox when published. **Sign up for the newsletter today!** <http://www.mpp.vic.edu.au/our-school/newsletters/> Limited copies will be available at the office or Out of School Hours Care.

How to access the school newsletter:

1. Visit the school website: <http://www.mpp.vic.edu.au/our-school/newsletters/>
2. Download the Moonee Ponds Primary School application from your relevant smart phone app store (search for: Moonee Ponds Primary School)
3. Sign up for it to be sent to your email address on the school website: <http://www.mpp.vic.edu.au/our-school/newsletters/>

