



## PRINCIPAL REPORT

The busy weeks continue this term with our Year 3 & 5 students participating in NAPLAN. All the sessions are completed online (with the exception of the Year 3 writing test). Our students have embraced the testing challenge with a positive mindset and a 'have a go' attitude which is pleasing to see.

Today the students in Foundation to Year 2 will have their class and individual photos taken. The Years 3 -6 students and classes will have their photos taken next week on Wednesday 18<sup>th</sup> May. Sibling photos will be taken across both photo days. Students that are absent today will also be able to have their individual photo taken next week.

This year the process for purchasing photos will be completed via an online portal with a choice from a range of photo packs. Families will be able to review the photos before purchasing. The online portal details and instructions for ordering will be shared with families later this term.

Thank you to our Parents Association (PA) for hosting the Mother's Day stall and the mother's event last Friday. We have the Pie Drive coming up. Information about the this was shared via Compass this morning. The Parents Association meeting is on this Thursday. Come along! We are still looking for two PA representative to fill the vacant School Council positions. If you are interested, please contact the PA ([mppsparentsassociation@gmail.com](mailto:mppsparentsassociation@gmail.com)) or contact Amy/ Matt in the office.

Our whole school athletics day information was shared via Compass this morning too. All students will be bussed up to the Moonee Valley Athletics track to participate in the track and field events. We do need some parent helpers so if you are free, please email our PE teacher Stef to let her know you are available ([stefanie-marie.modesti@education.vic.gov.au](mailto:stefanie-marie.modesti@education.vic.gov.au)).

Well done to all our Foundation - Year 4 who participated in the swimming program over the last two weeks. Thanks also to our teachers, Education Support Staff and parents/carers who helped each day.

Wednesday the 25<sup>th</sup> May is the National Simultaneous Storytime where schools around the nation all read the same book together. This year's book is 'Family Tree' written by Josh Pyke and illustrated by Ronojoy Ghosh. Further information regarding the event is shared in the coming pages.

### Working Bee

Our next working bee will be held at school on Sunday 29<sup>th</sup> May at 10am. The job list is growing, and we would love to see you there to assist with ensuring our school grounds are in great condition. If available, parents attending are encouraged to bring garden utensils and a wheelbarrow labelled with you family name. Alternatively, families can opt to contribute to the Working Bee Levy (\$50 per family) by contacting the office.

87 Wilson Street  
Moonee Ponds 3039

[moonee.ponds.ps@education.vic.gov.au](mailto:moonee.ponds.ps@education.vic.gov.au)  
[www.mpp.vic.edu.au](http://www.mpp.vic.edu.au)  
<https://mpp-vic.compass.education/>

### Out of Hours School Care:

OSHClub: 0448 043 164  
MPPS Program  
1300 397 735  
Customer Service & Billing  
Email:  
[mooneeponds@oshclub.com.au](mailto:mooneeponds@oshclub.com.au)  
[www.oshclub.com.au](http://www.oshclub.com.au)

### 2022 Term Dates:

Term 2 - 27th Apr to 24th Jun

Term 3 - 11th Jul to 16th Sep

Term 4 - 3rd Oct to 20th Dec

### Dates to Note:

#### May

18th - Years 3 to 6 School Photos

19th - School Athletics Sports

23rd - Student Free Curriculum Day

24th - District Cross Country

29th - Working Bee

#### June

13th - Queen's Birthday Holiday

24th - End of Term 2 - 2:20pm dismissal

#### July

11th - Student Free Curriculum Day

#### August

14th - Working Bee

15th-19th - Year 5/6 Camp

17th-19th - Year 3/4 Camp

#### November

14th - Student Free Curriculum Day

### Parent's Association Meetings

2022 - 12th May

Access the latest school newsletter through the Compass Newsfeed or through the School Website at: <http://www.mpp.vic.edu.au/our-school/newsletters/>

## PRINCIPAL REPORT (Continued)

### Transition to Secondary School

The dates and process for the transition of students from primary to secondary school have been set up by the Department of Education and Training (DET) and all year six students' families will have received the following information via Compass.

All year 6 families will have received via email:

- Year 6 - 7 Placement Information Pack, and
- Year 6 - 7 Application form.

This documentation will explain the process and timeline for applying for secondary schools.

**The preference form will need to be returned to Moonee Ponds Primary School**

([moonee.ponds.ps@education.vic.gov.au](mailto:moonee.ponds.ps@education.vic.gov.au)) no later than this Friday 13<sup>th</sup> May.

### REPEATED INFORMATION

#### Student-free Curriculum Day – Monday 23<sup>rd</sup> May

Please note, Monday 23<sup>rd</sup> May will be scheduled as a Student-Free Curriculum Day. Students will not be required to attend school on this day. Please note that OSHClub will be open this day and bookings can be made via phone on 0448 043 164 or online at <http://www.oshclub.com.au/>.

Each term, teachers have a Professional Practice Day. This valuable day enables teams to focus on the improved delivery of high-quality teaching and learning and engage in work that has a significant and direct positive impact on our students. Further information regarding Professional Practice Days can be found at: <https://www2.education.vic.gov.au/pal/professional-practice-days/overview>

Due to challenges around staffing, and to ensure there is minimal disruption to teaching and learning, the Department has recommended that all Victorian schools hold their first professional practice day on the same day for all staff. This will support effective and efficient use of the day and alleviate any workforce pressures.

#### 2023 Foundation enrolment

Our school tours have commenced. A reminder for all current families with children ready to start Foundation next year to please collect an enrolment pack from the office. Once it is completed, hand it in to the office before the end of May to ensure that we hold a place for your child. Many thanks,

Matthew Bott  
Principal



# MINDFULNESS

I hope everyone is having a wonderful start to term 2. With swimming and sport and all of the things going on at school and at home it's important to bring our attention to the tasks we are doing.

Any activity can be done mindfully or on autopilot (when we are doing something, but our attention is somewhere else). There are two different types of Mindfulness activities, Formal and Informal mindfulness. The formal mindfulness practice is used when we sit in meditation and the informal mindfulness practice is when we bring our attention to whatever task we are doing.

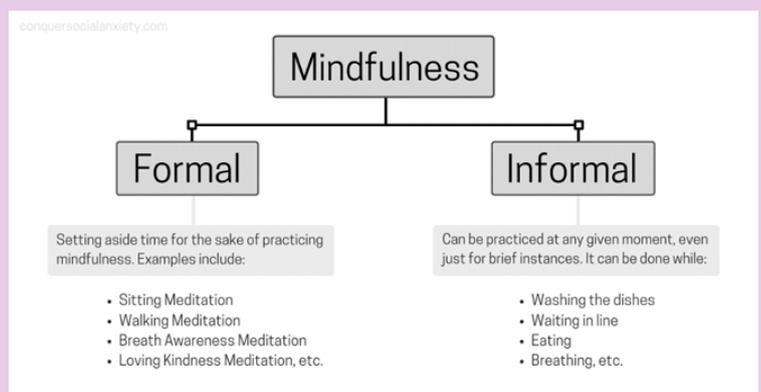
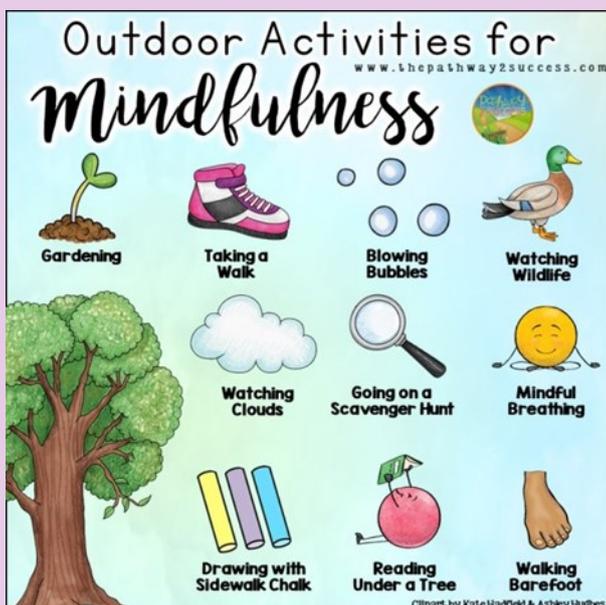
Your challenge for the month of May is to recognise when you are engaging in a formal or informal mindfulness practice and to see if you can bring in more Informal mindfulness into your lives. You could notice the taste of the hot chocolate you're drinking, or the way the air smells on your afternoon walk. You could really listen to your friend when they tell you about their day or simply notice how your body feels sitting at your desk doing your work.

It's all about bringing your attention, on purpose to an activity or task. Being present for it, even for a moment. You add up many moments throughout the and you will be strengthening your mindfulness muscle in no time.

Have a mindful and relaxing week,

Christine Caminiti

Mindfulness Co-ordinator





## ABOUT THE BOOK

Family Tree is a sweet book written by Josh Pyke and beautifully illustrated by Ronojoy Ghosh

It started with a seed, and that seed was me.  
And, over time, laughter filled my garden...

A heartfelt celebration of family, community and the seasons of life to cherish and to share.



[National Simultaneous Storytime](#) (NSS) is held annually by the Australian Library and Information Association (ALIA). Every year a picture book, written and illustrated by an Australian author and illustrator, is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country.

The next NSS takes place on **Wednesday 25 May 2022 at 10:00am** and MPPS will be joining! This year's book is "**Family Tree**" written by Josh Pyke and illustrated by Ronojoy Ghosh.

NSS is now in its 22nd successful year, it is a colourful, vibrant, fun event that aims to:

- promote the value of reading and literacy,
- promote the value and fun of books,
- promote an Australian writer and publisher,
- promote storytime activities in libraries and communities around the country,
- and provide opportunities to involve parents, grandparents, the media and others to participate in and enjoy the occasion.

We're looking forward to another fun reading event!



# SPORTS NEWS

## F-6 HOUSE ATHLETICS

On Thursday 19<sup>th</sup> May, MPPS will be holding our House Athletics event. Students are encouraged to dress in their house colours. To help make the day successful, we need parent helpers. If you can volunteer at the Year 3-6 event between 9:45-1:30 please email Stef on [stefanie-marie.modesti@education.vic.gov.au](mailto:stefanie-marie.modesti@education.vic.gov.au).

If you can help out at the F-2 athletics between the times of please 11:15-1:15 please email Mae (Foundation teacher) [Mae.Risson@education.vic.gov.au](mailto:Mae.Risson@education.vic.gov.au) or Jenny (Year 1/2 teacher) [Jennifer.Clark3@education.vic.gov.au](mailto:Jennifer.Clark3@education.vic.gov.au).



## District Cross Country

Good luck to all the students competing at District Cross Country on Tuesday 24<sup>th</sup> May at Aberfeldie Park.



## Winter Sports Round 3 & 4



Good luck to students who are playing rounds 3 and 4 of Winter Sports on Friday 13<sup>th</sup> and 20<sup>th</sup> May. Parents are welcome to come and support the students play. Spectators at school games need to adhere to the MPPS COVIDSafe protocols.

### Round 3

Away game-MPPS Vs Strathmore North

Time: 1:30

Venue:

Soccer - Strathmore North PS

Netball - Strathmore North PS

AFL - Etzel Reserve in Airport West

T-ball - Boeing Reserve

### Round 4

Home game-MPPS Vs Aberfeldie PS

Time: 1:30

Venue:

Soccer - Fairburn Park

Netball - MPPS

AFL - Fairbairn Park

T-ball - MPPS

## State Swimming

Congratulations to Hannah Ristig from Year 6 who competed at State swimming Championships on Friday 29<sup>th</sup> April.



## **SAVE THE DAY-NATIONAL WALK SAFELY TO SCHOOL DAY**

On Walk Safely to School Day, primary school aged children are encouraged to walk with their parents or caregiver to school. This encourages healthy habits as well as teaching vital road safety skills. Students are encouraged to walk to school or walk part of the way if they live too far.

Walk Safely to School Day is a community initiative that aims to raise awareness of the health, road safety, transport and environmental benefits that regular walking (especially to and from school) can provide for the long term well-being of our children.

Some school initiatives include a Colouring in competition, and the class with the most active walkers to win free time in the gym.



# MPPS PARENTS ASSOCIATION NEWSLETTER

Term 2 – Newsletter 2



## MY QUESTION: How can the PA get more parents involved?

It's NEVER too late, sign up. Get involved!

[www.mpp.vic.edu.au/school-council/parent-association/](http://www.mpp.vic.edu.au/school-council/parent-association/)

It's been two weeks of school already! Time is flying by 😊

A quick update...

The **Mum's Night Out** was a wonderful success. There was food, wine, and bubbles and plenty of chatting. A big thanks to those who came and got into the spirit of the night and the mums who organised the evening. Looking forward to next year already.

On Friday 6<sup>th</sup> May, the PA hosted a Mother's Day Stall at school to give the opportunity for all students to buy something for their mum or grandma. Thanks to Karyn and Kate there was a wonderful choice and lots of goodies. We hope that all our school mums received something special.



The **Pie Drive** will be going on sale, via COMPASS this week. Thanks to Tony at Tony's Pies the prices are the same as 2021. We sold a record number of Pies last year and we are hoping to sell the same this year. There will be packs available online or you can use the order sheet and order exactly what you would like, choice is yours. Order soon, as no late orders will be accepted.

The BIG social event of year – **THE SCHOOL DISCO** is happening on Friday 17<sup>th</sup> June. It's going to be EPIC! The PA team will be looking for volunteers if you are interested in how the night will run or helping please attend the PA meeting on Thursday 12<sup>th</sup> May.



The BUSH DANCE figures are finally in! it's an amazing result and we have made great leaps in our fundraising for the play equipment. Please come along to the meeting on Thursday night to hear all the details and see how close we are to being able to make this happen.

Raising enough money and achieving this goal is a priority, to ensure that the money raised is spent on the chosen playground. The PA are committed to getting this project paid for, built and completed as soon as possible.

Any questions or suggestions please get in touch OR join us at the NEXT PA meeting on Thursday 12<sup>th</sup> May at 7.30pm.

Take Care Sally and Team.

**TERM 2 EVENT SCHEDULE** 26<sup>th</sup> April – 24<sup>th</sup> June

FUNDRAISER	DATE	COORDINATOR
Mother's Day Stall	Friday 8 <sup>th</sup> May	Karyn and Kate Baker - 7 helpers on the day
Pie Drive	Wed 1 <sup>st</sup> June	Sally Seiga – 6 helpers
School Disco – All Years	Friday 17 <sup>th</sup> June	Lisa Houatchanthara – 30 helpers
End term lunch - Toasty Truck	Friday 26 <sup>th</sup> June	Team leader position to be filled - 6 helpers
Mother's Day event	Friday 6 <sup>th</sup> May	<i>This event has no fundraising component.</i>

**MOONEE PONDS  
PRIMARY  
SCHOOL**

**PIE DRIVE  
2022**



**ORDER OPTIONS ARE:**

**CHOOSE FROM THE FAMILY PACK OPTIONS AND  
PAY WITH COMPASS**

**OR**

**COLLECT AN ORDER FORM FROM THE OFFICE  
CHOOSE YOUR ORDER AND PAY CASH OR CARD  
AT OFFICE OR PROVIDE YOUR CREDIT CARD  
DETAILS ON FORM**

**ORDERS IN BY: WEDNESDAY 25TH MAY**

**DELIVERY ON: WEDNESDAY 1ST JUNE**

**ALL PROCEEDS GO BACK INTO THE SCHOOL**

## INSIGHTS

### A parenting style for the ages



There's been a great deal of conversation lately about the most appropriate parenting style to raise kids effectively. How do you get cooperation from your child without nagging, yelling or using other less pleasant, coercive means? How do you build a strong connection with your child or young person, so that they you can build a lasting and respectful relationship?

The solution to these dilemmas is easier than you may think. It lies in your ability to assess two different communication styles when you interact with your child. These two styles indicate credibility and approachability. The credible or 'cat' style, as many of the behaviours are cat-like, is the style to use when managing or disciplining children. The approachable style, known as a 'dog' style as many of the behaviours come from the canine world, is used when building positive, healthy relationships. Let's explore a little further and find out how to access each side or style.

#### Find your inner cat to guide and manage

The 'cat' refers to the credible or authoritative side that we all have but may find difficulty accessing. This cat or credible side is expressed through non-verbal communication – your tone of voice, your posture and your head position.

Speaking with a flat, even voice shows credibility. Keep your head still and body upright when you talk, and your credibility increases dramatically. The quickest way to access your inner cat or credible side is to speak with your palms facing the ground. Most people find that when they do so they naturally speak with a clipped voice, still head and body and a serious expression on your face.

When you speak from your cat or credible side people will usually believe what you have to say. Cat body language gives you authority.

Guide like a cat by speaking calmly, quietly and staying still when you speak. 'Cats' will also withdraw eye contact rather than stand and argue, so look away or respectfully move away rather than become involved in a pointless argument with a child.

'Cats' also look for ways to manage visually (with such things as rosters or charts) or by moving close and whispering, rather than repeating themselves. If 'cats' repeat themselves, they are more likely to lower their voice than raise it to get attention. These cat behaviours work well when guiding and managing children and teenagers.

#### Use your inner dog to nurture and build relationships

We also have a 'dog' side to our nature. This is the approachable, conversational, relationship-building side. When you access this side, you generally speak with lots of inflection in your voice. Your head will bob up and down. You'll probably lean forward as you speak, and you'll smile a lot. The quickest way to access your dog side or approachable side is to speak with your palms up.

# parenting\*ideas

Many of us feel more comfortable with the dog or approachable side than with the cat side of our nature. If you are in a management position at work, you probably spend more time accessing your cat or credible side than your dog or approachable side. Highly effective managers, like highly effective parents will move seamlessly between the two, accessing their dog when networking and relationship-building, then finding their cat for negotiations or when making decisions.

## Bring your cat and dog to your parenting

As a parent you can make subtle adjustments to your communication to increase your effectiveness. Consciously alter your style to suit different situations rather than let your moods dictate your communication style. It takes effort and practice to move between the two styles. Do it often and you'll find switching from cat to dog and back again becomes an ingrained parenting pattern.

Get your cat and dog wrong and you'll be ineffective. Manage or discipline like a dog and you'll do one of three things – whine to get cooperation, become frustrated if children or teenagers ignore you, or do nothing because you don't want to offend your children. Build relationships like a cat and you'll be seen as distant, stiff and unapproachable.

Get the mix right and you'll be able to give your children exactly what they need. That is, the leadership and safety that cats provide and the nurturance and encouragement that comes naturally to dogs.

## In closing

The cat-dog approach spans many different parenting styles and importantly, accommodates for the emotional needs of children and teenagers. It also provides tools for parents who view parenting as an individual endeavour and for those who see parenting as a group leadership task. The cat-dog approach offers parents the flexibility needed to parent effectively in our current times.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.



# Learning Star Awards



LEARNING Star...	Name	Reason
Foundation A Mae Risson	Olivia Tolliday	For trying her best in all areas of her learning and doing some great reading this week!
Foundation B Nicola Scott	Ollie Braid	For working hard to complete all his learning tasks and having a positive attitude! Well done Ollie!
1/2 A Taylor Reid	Henry Wooldridge	For choosing to try new challenges in maths lessons this week.
1/2 B Antony Brock	Evie Grozos-Wishart	For listening carefully, working collaboratively with others and loving your swimming learning.
1/2 C Shannon Radford	Allegra Brusi	For having a growth mindset during learning and optimistic when given a challenge. Well done Allegra!
1/2 D Jenny Clark	Felix Mendo	For making such a fabulous effort to practise your writing in your Home Writing journal!
1/2 E Libby Haigh	Lawrence Zhou	For creatively exploring different ways to solve more complex addition problems.
3/4 A Georgia Marks/Nicole Macrae	Mahlia Stewart	For confidently sharing her maths strategies and explaining her thinking to the class!
3/4 B Chris Mizis	Rhiannon McEvoy	For trying different strategies to show her understanding of addition.
3/4 C Paul Luu	Kirtley Sheppard	For always trying her best and having a positive attitude when faced with challenges. It is awesome to see, Kirtley.
3/4 D Lee Pregnell	Mia Shack	For applying herself so well to her maths work.
5/6 A Stephanie Thompson	Kobe Johnson	For showing initiative in his learning and using engaging descriptive language in his informative writing. Well done Kobe!
5/6 B Candice Ryan	Holly Chapman	For working hard to demonstrate her knowledge of addition and subtraction strategies
5/6 C Holly Coleman	Mariana Gomez	For writing a descriptive and informative paragraph about the desert.
5/6 D Ryan Lynch	Cassandra Biscocho	For demonstrating leadership and collaborating effectively with her peers.
Arts Christine Caminiti	Flynn Rundle	For working hard to finish the head piece of his Egyptian portrait. You were very focused in art class! Well done.
Italian (LOTE) Nancy Berardone	Mia Shack	For giving things a go and trying her best in Italian lessons.
PE Stef Modesti	Jack Jellie	For demonstrating great long jump by taking off with one foot and sticking his landing. Well Done!



# ROCC Star Awards



ROCC Star...	Name	Reason
Foundation A Mae Risson	Lilly Escurel	For showing respect and care to her classmates, classroom and teachers. Well done Lilly!
Foundation B Nicola Scott	Remy James	For showing optimism during her very first school swimming lessons! Well done for giving it a go Remy!
1/2 A Taylor Reid	Scarlett Pat	For being responsible, independent and organised during the swimming program.
1/2 B Antony Brock	Jarvis Limbach	For being a kind, caring, helpful and fun friend to all the kids in our class!
1/2 C Shannon Radford	Harry Stivala	For always being a kind and caring classmate who always wants to help as well as being optimistic during the swimming program and challenging himself. Great work Harry!
1/2 D Jenny Clark	Alex Tudor	For being such a great role model for your classmates, by always being respectful and helpful.
1/2 E Libby Haigh	Isla Burgess	For demonstrating the school values in your care for your classmates.
3/4 A Georgia Marks/Nicole Macrae	Lachlan Browne	For being responsible, independent and helpful during the swimming program!
3/4 B Chris Mizis	Luca Belilovsky	For being a great role model and helper, to his prep buddy, during our swimming sessions.
3/4 C Paul Luu	Callum Power	For being a caring and friendly buddy during swimming. It is great to see, Callum.
3/4 D Lee Pregnell	Ethan Flynn	For his great effort in helping the class prepare for their assembly presentation.
5/6 A Stephanie Thompson	Varshika Vembuluru	For being an optimistic and conscientious learner. You apply a lot of effort and work towards achieving your best. Well done Varshika!
5/6 B Candice Ryan	Jacob Shack	For having a positive attitude towards his learning this term! Keep it up, Jacob!
5/6 C Holly Coleman	Sean O'Dwyer	For being a great MPPS representative by showing the school values at winter sports. Well done!
5/6 D Ryan Lynch	Eli Megalla	For an excellent attitude and start to the term.
Arts Christine Caminiti	Joe Alves	For working hard on his Steam Punk Sculpture.
Italian (LOTE) Nancy Berardone	Arshia Arni	For showing great listening and doing her best Italian work.
PE Stef Modesti	Evan Deprisco	For encouraging and supporting his team mates at interschool sports.

Respect Optimism Care Collaboration

# TERM 2 2022 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 9	May 10	May 11	May 12	May 13
NAPLAN Yr 3 & 5				
		School Photos Prep to Year 2  Newsletter	Parents Association Meeting	5/6 Sport SNPS vs MPPS
May 16	May 17	May 18 School Photos Year 3 to Year 6	May 19 School Athletic Sports	May 20 5/6 Sport MPPS vs APS
May 23 Student Free Curriculum Day	May 24 District Cross Country	May 25 School Council Meeting  Newsletter	May 26	May 27 5/6 Sport St. Vin. vs MPPS <b>May 29 (Sunday)</b> Working Bee
May 30	May 31	June 1	June 2	June 3 5/6 Sport BYE for MPPS
June 6	June 7	June 8	June 9	June 10 5/6 Sport MPPS vs EPS
June 13 Queen's Birthday Public Holiday	June 14	June 15	June 16	June 17 5/6 Sport MPPS vs SPS  School Disco

## Newsletter

The newsletter will be published for the first two weeks in February and then published fortnightly thereafter. The newsletter is the main source of communication from the school and I urge everyone to read it! The newsletter will be sent out to all families via Compass. Families will be able to access the newsletter via Compass and on the school website.

How to access the school newsletter:

1. View it on the COMPASS Newsfeed: <https://mpp-vic.compass.education/>
2. Visit the school website: <http://www.mpp.vic.edu.au/our-school/newsletters/>